

Table 6.7 Protein Consumption (g per person per day) in 25 European Countries

Country	Red Meat		White Meat		Eggs	Milk	Fish	Cereals	Starchy Foods	Pulses, Nuts, and Oilseeds	Fruit and Vegetables	Total
	Meat	Meat	Meat	Meat								
Albania	10	1	1	9	0.0	42	1	4	6	2	72	
Austria	9	14	4	20	2.0	28	4	1	1	4	86	
Belgium	14	9	4	18	5.0	27	6	2	2	4	89	
Bulgaria	8	6	2	8	1.0	57	1	4	4	4	91	
Czechoslovakia	10	11	3	13	2.0	34	5	1	1	4	83	
Denmark	11	11	4	25	10.0	22	5	1	1	2	91	
E. Germany	8	12	4	11	5.0	25	7	1	1	4	77	
Finland	10	5	3	34	6.0	26	5	5	1	1	91	
France	18	10	3	20	6.0	28	5	5	2	7	99	
Greece	10	3	3	18	6.0	42	2	8	2	7	99	
Hungary	5	12	3	10	0.0	40	4	5	5	4	83	
Ireland	14	10	5	26	2.0	24	6	2	2	3	92	
Italy	9	5	3	14	3.0	37	2	4	4	7	84	
Netherlands	10	14	4	23	3.0	22	4	2	2	4	86	
Norway	9	5	3	23	10.0	23	5	2	2	3	83	
Poland	7	10	3	19	3.0	36	6	2	2	7	93	
Portugal	6	4	1	5	14.0	27	6	5	5	8	76	
Romania	6	6	2	11	1.0	50	3	5	5	3	87	
Spain	7	3	3	9	7.0	29	6	6	6	7	77	
Sweden	10	8	4	25	8.0	20	4	1	1	2	82	
Switzerland	13	10	3	24	2.0	26	3	3	2	5	88	
U.K.	17	6	5	21	4.0	24	5	3	3	3	88	
USSR	9	5	2	17	3.0	44	6	3	3	3	92	
W. Germany	11	13	4	19	3.0	19	5	2	2	4	80	
Yugoslavia	4	5	1	10	1.0	56	3	6	2	3	89	

Source: Weber, A. (1973). Agrarpolitik im Spannungsfeld der Internationalen Ernährungspolitik, Institut für Agrarpolitik und Marktlehre, Kiel, Germany.